



# LEA ROWING CLUB

**SUNDAY 21<sup>st</sup> APRIL 2024**

Organised by LEA ROWING CLUB.  
Entries invited from seniors, juniors  
and masters (including mixed crews)  
in fours/quads, pairs/doubles & singles.

This regatta will be run under British  
Rowing's Rules of Racing and the  
RowSafe guidance. Entries and payment  
via BROE only please. Entries will be  
charged at £13 per seat  
(excluding coxswains).

The event will take place at  
Lea Rowing Club, The Boathouse,  
Spring Hill, London E5 9BL

**#HACKNEY SPRINTS**

COURSE: 650m downstream  
from a stake boat start.

BOATING: Will be in divisions from  
The Boathouse.

PRIZES: Prizes will be awarded  
for senior, masters and  
junior events.



Entries close at 12 Noon,  
Sunday 14th April 2024  
and may close earlier if  
oversubscribed. Full information  
can be found on the NoC available at:

<https://www.learc.org.uk/lea-spring-regatta>

